

## **APPENDIX A**

### **Proposed Outline for Healthcare Spending Paper**

1. Introduction
2. The Problem
  - a. Big Picture
  - b. Background
    - i. US
    - ii. Vermont
      1. Medicaid and state budget
  - c. Drivers of Health Care Spending
    - i. What they are
    - ii. How they operate
    - iii. Scale of contribution?
  - d. Revenue and Spending
    - i. Most budgets are based on revenue
      1. Spending must conform
    - ii. Healthcare budgets are based on spending
      1. Revenue must be found
  - e. Competing needs
    - i. Health care and the rest of the budget
      1. What happens when HC grows faster than revenue
  - f. The relationship between cost containment and universal access
3. Solutions
  - a. Background
    - i. Containing vs. shifting
    - ii. Measuring the effects of initiatives
  - b. Short-term and long-term
  - c. Drivers and solutions
  - d. Selected specific solutions
    - i. Eligibility
    - ii. Underwriting / insurance market reform
    - iii. Contracting and price-setting
    - iv. Other reimbursement models
    - v. Cost-sharing
    - vi. Covered services
      1. Current approaches
      2. Cost-effectiveness and cost-benefit analysis
      3. Rationing
    - vii. Certificate of Need / control of supply
    - viii. Budgets
      1. History
      2. "Absolute"
    - ix. Health promotion and prevention
  - e. Combinations
    - i. Blueprint
    - ii. ACOs
4. Conclusions and Recommendations